

Study plan

1. Biblical-Theological Bases

- OCST01** **Biblical Foundations of Spiritual Theology** 2 ECTS
Richard Francis Dsouza
- OCST04** **Jesus Christ the Risen One: The Key to Spiritual Theology** 2 ECTS
Iain Matthew

2. Spiritual Life

- OCST06** **Christian Experience of God: Christ, Church, World** 2 ECTS
Lukasz Strzyz-Steinert
- OCST07** **"Lord, teach us to pray": Introduction to Christian Prayer** 2 ECTS
Daniel Chowning

3. Carmelite Saints and Spirituality

- OCST11** **Saint Teresa of Avila** 2 ECTS
André Brouillette
- OCST12** **Saint John of the Cross** 2 ECTS
Iain Matthew
- OCST14** **Saint Thérèse of Lisieux** 2 ECTS
Joseph Spence
- OCST16** **Exploring Spiritual Theology Through Carmelite Eyes** 2 ECTS
Michelle Jones

1. Biblical-Theological Bases

- OCST02** **Elijah: Prophetic and Primordial Source of the Carmelite Charism** 2 ECTS
Ignatious Kunnumpurathu Paul

OCST03	Christian Perspectives on the Human Person <i>Adrian Attard</i>	2 ECTS
OCST05	Introduction to Liturgical Spirituality <i>Valéry Bitar</i>	2 ECTS

2. Spiritual Life

OCST09	The Christian Spiritual Life in the Light of Psychoanalysis <i>Jean-Baptiste Lecuit</i>	2 ECTS
OCST10	Applied Reconciliation - Spirituality & Practices <i>Iva Beranek</i>	2 ECTS
OCST08	Mystical Theology and the Gospel of Life <i>Iain Matthew</i>	2 ECTS

3. Carmelite Saints and Spirituality

OCST13	Healed By Love: Contemplation as a Path of Healing According to Saint John of the Cross <i>Daniel Chowning</i>	2 ECTS
OCST15	Anthropological Insights and Spirituality in Edith Stein <i>Christof Betschart</i>	2 ECTS